

Dr. med. Marcel A. Zeising

Curriculum Vitae

PERSONAL INFORMATION

- Name: Dr. Marcel Antoni Zeising, born Pawlowski
- Nationality: German
- Marital Status: Married, two children
- Residence: Munich, Germany

EDUCATION

- 1997–2003: Medical studies at Friedrich Schiller University, Jena
- 2003–2004: 1st Clinical Rotation (Surgery) – Cantonal Hospital Herisau, Switzerland
 - 2nd Clinical Rotation (Internal Medicine) – Cantonal Hospital Herisau, Switzerland
 - 3rd Clinical Rotation (Pediatrics) – Friedrich Schiller University, Jena
- 2004: Final medical examination and full medical license

DOCTORAL THESIS

- 2009: Friedrich Schiller University, Jena, Department of Neurology – "Vestibular Activation of the Posterior Insula Investigated by MEG"; Supervisor: Prof. Dr. Witte; Magna cum laude

PROFESSIONAL EXPERIENCE

- 2004–2005: Resident, Dept. of Neurology, Friedrich Alexander University, Erlangen-Nuremberg (Prof. Dr. Neundörfer)
- 2006: Resident, Dept. of Neurology, Epileptology Center (Prof. Dr. Stefan)
- 2007–2016: Resident, Max Planck Institute of Psychiatry, Munich (Prof. Dr. Dr. Holsboer, Prof. Dr. Dr. Keck)
- 2016–2017: Psychiatrist & Psychotherapist, Max Planck Institute of Psychiatry, Munich (Prof. Dr. Dr. Keck)
- 2017–2020: Psychiatrist & Sleep Medicine Specialist, Interdisciplinary Sleep Center, Klinikum Ingolstadt (Prof. Dr. Pollmächer)
- 04/2020–12/2024: Head, Interdisciplinary Sleep Center & EEG Department, Klinikum Ingolstadt (Prof. Dr. Pollmächer)
- Since 2021: Founder & Lecturer "Schlafedukation.de"
- Since 01/2025: Head of Psychiatric & Sleep Medicine Practice, Munich-Schwabing

QUALIFICATIONS

- 2007: EEG Certificate
- 2015: Good Clinical Practice (GCP), Modules 1 & 2
- 2016: Board Certification: Psychiatry and Psychotherapy
- 2017: Additional Qualification: Sleep Medicine
- 2018: Medical Education Certificate, Basic Level, LMU Munich
- 2023: Introductory Course in CBT-I & Restorative Sleep (Prof. Dr. Kai Spiegelhalder)
- 2024: University Certificate "Online Sleep Counseling," TU Nuremberg (DGSM patronage)

ROLES

- 2014: Board Member, International Pharmaco-EEG Society (IPEG) – www.ipeg-society.org

AWARDS

- 2011: ECNP Travel Award & Poster Prize, Paris
- 2012: IPEG Werner Herrmann Grant Award, 5th Place, New York
- 2018: SGBP Award for Best Poster, Swiss Society of Biological Psychiatry, Bern

MENTORSHIP OF STUDENTS

- Christian Fischer, Leandra Eibl, Thomas von Werder, Cecilia Raffaelli, Franziska Schröter, Susanne Fischer, Lisa Müller, Marius Etzel, Yusuf Ahmed

SCIENTIFIC MEMBERSHIPS

- International Pharmaco-EEG Society (IPEG)
- German Society for Psychiatry, Psychotherapy and Psychosomatics (DGPPN)
- German Society for Sleep Research and Sleep Medicine (DGSM)
- Professional Association of German Sleep Medicine Specialists (BDS)

PUBLICATIONS

- H-index: 13 (as of mid-2025)
- Full publication list:
https://scholar.google.com/citations?hl=de&user=Hwj_sT0AAAAI